



Middle School Fall Retreat
Grades 6 and 7—Packing Information
 October 2018

This document contains a list of recommended items as well as a narrative that should be used to help students ensure a safe and comfortable Retreat.

Clothing for Camp Mason – Thursday and Friday

Daytime: When determining what to wear, think *casual, comfortable, and practical*. Depending on the temperature, pants or shorts, short- or long-sleeved -shirts, sneakers and a sweatshirt (worn or accessible) should work out just fine for both days.

Evening: When the sun goes down, warm clothes such as sweaters, fleece, jackets, hats, gloves, etc., will be needed. Sleeping conditions at Camp Mason include a heated cabin, full bathroom (including showers), and bunk beds with mattresses. Aside from needing a sleeping bag and pillow, students will have home conveniences at their fingertips.

Other than food, the only item students will not be permitted to bring is their cell phone. An important aspect of this experience is getting out of one’s comfort zone, experiencing something new, and stepping away from many of the technologies that both entertain and distract us. While this requirement can be difficult for some students (and parents), the absence of cell phones is an important aspect of this experience. All faculty chaperones will be equipped with cell phones should the need for communication arise.

Basic Clothing and Overnight Needs

Underwear	Socks
Short-sleeved shirts	Long-sleeved shirts
Pants (and/or sweatpants)	Shorts
Sneakers	Sweatshirt
Sweater	Jacket
Rain gear or poncho	Hat and gloves or mittens (fleece or wool)
Toiletries (toothbrush, toothpaste, shampoo, soap, etc.)	Towel (for shower)
Pillow	Sleeping bag (or sheets and a blanket are fine, too)
Flashlight or headlamp w/ new batteries	Water bottle

Optional

Shower shoes	Sunscreen and/or bug repellent
Sunglasses	Hat
Camera	Book or other appropriate reading material
Journal and pen/pencil, playing cards	

Items NOT Permitted: Cell phones, iPads, laptops, food or gum